

The First Bi-Annual Alumni Conference

Child & Youth Care in Action

School of Child & Youth Care, University of Victoria

May 25 - 26, 2006
Victoria, BC

The School of Child and Youth Care is launching our **First Bi-Annual Alumni Conference** that will invite faculty, graduates, students and other interested professionals to meet and hear about the new developments in the field of CYC.

The conference will consist of presentations and panels on current research and practice by graduates, students, faculty and professionals and will feature a series of special lectures that are named to honour Henry Maier and Jerry Beker.

For more information, please visit our website.

www.cyc.uvic.ca/conf



The First Bi-Annual Alumni Conference
Child & Youth Care in Action

DETAILED SCHEDULE AND PRESENTATION SUMMARIES

Wednesday, May 24

2:30 pm – 4:30 pm	Check-in/Registration	Lobby outside of David Lam Auditorium
7:00 pm – 9:00 pm	Welcome Reception	University Club – Fireside Lounge

- **Hors d'oeuvres & Cash Bar**
- **Victoria High School Jazz Combo**

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

Thursday, May 25

**8:00 am – 8:30 am Check-in/Registration Lobby outside of
David Lam Auditorium**

8:30 am – 9:00 am Opening Ceremony David Lam Auditorium

- **Includes a traditional Indigenous Welcome & Prayer by Vic & Joyce Underwood.**

9:00 am – 10:00 am Keynote Speaker: David Lam Auditorium

The Henry Maier Lecture

**Promoting Capacity in Support of Child, Family and Social Development:
Alternative Approaches to Tertiary Education**

Dr. Alan Pence, BA, MS (Portland St.), PhD (Ore.)
Professor, School of Child & Youth Care, University of Victoria
<http://cyc.uvic.ca/people/pence/index.html>

This presentation is based on two educational initiatives supported by the School of Child and Youth Care: The First Nations Partnership Program (FNPP) and the Early Childhood Development Virtual University (ECDVU). While the community supportive, capacity building philosophies of the two initiatives are similar, the delivery methodologies and the educational level of the two are different, one focusing on entry-level practitioners (FNPP) and the second on graduate level leaders (ECDVU). Both programs challenge tertiary education to move beyond its traditional educational approaches in order to more effectively address context-appropriate development in under-resourced environments. The School of Child and Youth Care is nationally and internationally recognized for its leadership role in addressing these challenges.

Henry Maier (1918 - 2005)

Dr. Henry Maier was involved in the field of child and youth care for over 50 years as a practitioner, teacher, writer and trainer. He is considered to be one of the field's greatest contributors. Henry Maier has been published widely. His much respected "Three Theories of Child Development" (1965) remained of value over 20 years and 3 editions, having been translated into many languages. He also wrote an on-line column on child-care issues. His focus in his research and practice was on children and he was concerned with the effectiveness of teaching and learning. Dr. Maier was known and recognized for his fun teaching techniques (often involving balloons) and games.

He retired in 1985 from the University of Washington after receiving a UW Distinguished Teacher Award in 1984. In 2001 he was awarded the honorary degree of Doctor of Science by the University of Minnesota, where he earned his PhD degree in 1959.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

**10:00 am – 10:30 am Coffee Break Lobby outside of
David Lam Auditorium**

10:30 am – 12:00 pm Concurrent Presentations Various Classrooms

Presentations have been grouped (similar topics where possible) into 2 - 45 minute presentations per classroom with the exception of a few 90 minutes presentations.

10:30 am – 11:15 am David Strong C108

Politics, Security & Child Protection in Africa

Phil Lancaster

Adjunct Assistant Professor, School of Child & Youth Care, University of Victoria

In recent years a number of attempts have been made to protect children from the effects of armed conflict. Most have failed. My field work, beginning in Rwanda in 1994 and going forward to include mission in Sudan, Uganda, Burundi, Tanzania, Sri Lanka, Afghanistan, DRC, Congo, Brazaville and CAR has given me ample opportunity to observe and to ponder over the causes of so many failures. I would like to present a short argument, supplemented by pictures and anecdotes, in support of a general hypothesis that the reason for many failures is failure to grasp the political and security dimensions of the contexts within which protection initiatives are attempted. I will draw heavily on recent experience in Burundi working for UNICEF and the World Bank to support my argument.

11:15 am – 12:00 pm David Strong C108

More Than Luck: Risk & Opportunities of Children of War in Africa

Jacqueline McAdam-Crisp, BA, MA, PhD Human Development

My presentation is based on my dissertation for my PhD in Human Development and experience working with children and youth in adversity in Africa. Rooted in the field of Child and Youth Care, it explores the narrative experience of young people who were children in various war zones in Africa including, Rwanda, Angola, Sudan, Sierra Leone and Uganda. The construct of resilience is used to examine the relationship between the risks and opportunities that these young people experienced. My research also explores the application of a Western based trauma framework for addressing the needs of these children in a cross-cultural context.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

David Strong C124

Transformation Through Relationships

Denise C. Masson, BSW, MA CYC
Personal Journeys Counselling and Training Centre

The presentation is intended to provide education, encouragement and personal insights for everyone in a position to guide and walk alongside children, youth and their families as they grow. The focus is based on the lifelong importance of acceptance in relationships and how we as child/youth care practitioners make the relationship connections with child/youth who push away due to rejection, abandonment and attachment issues. I will include excerpts from my recently published article in the latest Relational Child and Youth Care Journal. What I have learned is that we can be in relationship for a brief time in another life but the experience could last a life time.

11:15 am – 12:00 pm

David Strong C124

**Youth & Family Counsellors: Tracing the Development of Child & Youth
Centre at BC Children's Hospital**

Ben Cheng, BA, MA CYC Candidate
BC Children's Hospital

In this 10 minutes video presentation conference participants will be invited to undertake a historical journey with professional Child and Youth Care (CYC) practitioners in the mental health department at BC Children's Hospital. In addition to reviewing the past and present achievements this video offers a promising look into the future of CYC involvement in leading children and adolescent mental health program development. Following the video, participants will be encouraged to provide their input from their own experiences in mental health promotion and collaboratively generate our vision for future CYC mental health involvement.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

MacLaurin D101

**Harmonious Creations: Collaborative Creative Arts Groups in a
Children’s Hospital**

Deidre Craig, CCLS , MA Candidate
Child Life Department, BC Children’s Hospital
Catia Stuart, CCLS,
Child Life Department, BC Children’s Hospital

Adolescents living with chronic health or life limiting conditions face challenges in addition to the typical developmental milestones along their journey of adolescence. Some of these involve treatment and treatment decisions, medications, body changes and loss of school time or time with friends because of hospitalizations. Two collaborative arts groups for hospitalized teenagers were developed as a way to provide opportunities for creative expression and socialization. Child and Youth Care professionals as “experience makers” are well placed across their team settings to provide rich opportunities to enhance coping. The experience within a children’s hospital will provide the case study to consider the unique need for creative programming.

11:15 am – 12:00 pm

MacLaurin D101

Bubbles & Band-Aids: The Role of Child Life at BC Children’s Hospital

Lisa Herman, BA, CCLS,
Child Life Specialist, BC Children’s Hospital
Joanne Hochu, BA/BPHE, CCLS,
Child Life Specialist, BC Children’s Hospital

The missions, values, vision and operating principles of the child life profession have much in common with the profession of Child and Youth Care, yet many will ask, “what is child life?”. This interactive session will outline the basics of the child life profession. This includes the main goals, the importance and value of therapeutic relationships and the role of child development when examining the effects of hospitalization on children, youth and families. Finally, the session will examine the similarities between child life and other child and youth care principles, as well as the unique features of the child life profession.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

10:30 am – 12:00 pm

MacLaurin D105

- **90 minutes**
- **Handout available from the website <http://www.cyc.uvic.ca/conf>**

**Hesitation, Motion, Stillness Waiting, Anticipating, Space, Place, Light,
Dark and other themes in Child and Youth Care**

Dr. Mark Krueger, PhD,
Professor and Director, Youth Work Learning Center, University of Wisconsin-
Milwaukee

Like many others, I believe that curiosity and understanding are the keys to being in child and youth care with children and youth. Much of my work for the last few years has been focused on learning about child and youth care as an interpersonal, inter-subjective, cross-cultural and contextual process of human interaction. I have been using a method of qualitative inquiry that I call sketching to construct, juxtapose and interpret sketches from my own youth with my experiences as a child and youth care worker. During this process several themes such as hesitation, motion, stillness, waiting and anticipating have emerged. In this presentation/conversation, I will discuss these themes. Participants will also get a chance to sketch.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

MacLaurin D114

Child & Youth Care and the Practice of Law

Dannielle Dunn, BA (CYC), LLB

As a presenter at this conference, I am able to share my experience as a litigating lawyer since 1998 in the area of family and administrative law, my practice being almost exclusively in the area of child protection. I am able to comment on the current trends in child protection law, including the expanding role of alternative dispute resolution. I believe it would be interesting for attendees at the conference to hear about an alternative career path for graduates. Advocacy in child and youth care can present itself in the practice of law.

11:15 am – 12:00 pm

MacLaurin D114

Private Practice – Another Option in Child and Youth Care

Janet White, MS, RCC,
Maya Counselling

My presentation will be about the option of private practice in child and youth care. I will present five different factors to take into account when considering pursuing this possibility and five steps to begin the process of setting up a private practice. I have both an undergraduate and a Masters in child and youth care and have been in private practice for the last 17 years.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

12:00 pm – 1:30 pm LUNCH

1:30 am – 3:00 pm Concurrent Presentations Various Classrooms

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1:30 pm – 2:15 pm David Strong C108

Research on the precipice of disaster: The complexities of conducting action orientated research with young girls, abducted into slavery, during an armed conflict

Elaine Halsall, BSW, MA, PhD Candidate, RSW
Pacific Centre Family Services Association

The focus of this poster/presentation will be to examine the inherent complexities of conducting action orientated research during an ongoing war zone. A current study, looking at relationship between human rights education and the lived experiences of young girls, abducted by the militia into sexual slavery in northern Uganda will form the foundation for this exploration.

2:15 pm – 3:00 pm David Strong C108

Lessons Learned in Zambia

Penny Fenske, BA Psyc, MA CYC Candidate

The increasing desire to understand different cultures is tempered by growing awareness of the harmfulness of colonizing research. Attempting to avoid participating in colonizing research while interviewing girls in Zambia, the presenter learned some valuable lessons about working with others from different cultures: do your homework, seek invitation, remember it is their information, demonstrate respect for the other's culture and approach as a learner. The presenter will elaborate on how these principles benefited within the context of her research in Zambia. These principles are helpful not only in research but also in working with those who have different cultures from one's own.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 2:15 pm

David Strong C124

**The Whole-Monty: How to complete your graduate degree without feeling like
you've had your life stripped out from under you**

Benjamin Cheng, BA, MA CYC Candidate
BC Children's Hospital
Todd Koverchuk, BA, MA CYC Candidate
Ministry of Children & Family Development

Ben and Todd are graduate students in SCYC at UVIC. They will share their knowledge and strategies for a successful distance graduate experience incorporating insights on using technology to ease stress while advancing learning and the value of developing connections to make your graduate experience more collegial and meaningful. How can people survive being a student while working full time? You will receive a glimpse into the skill, luck and pure determination required to juggle personal, family and professional demands. It hinges on acquiring the skills to advocate for your own learning.

2:15 pm – 3: 00pm

David Strong C124

**How to Understand and Care for the Untreatable, Unworkable and
Unlikable Youth**

Sue Fortune, MSc,
Coordinator of Independent Living Services for youth complex needs
Wendy Fitzgerald, CYC Diploma,
Private Contractor supporting complex youth in the community

Nothing evokes frustrations into Caregivers more than being informed an unlikable and unworkable youth is being assigned to their caseload. Current treatment strategies have taught Mental Health Professionals to label these youth as untreatable.

In this highly informative and interactive presentation:

- Learn to better understand the unlikable, unworkable and untreatable youth. Go beyond the diagnosis of Anti-Social Personality Disorder-Sociological Labeling or Psychological Disorder?
- Explore the barriers of conventional thinking, which focuses mainly on behaviour and learn current treatment strategies.
- Learn the six secrets of treatment for this difficult population that will enhance the efforts of both caregivers and therapists.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

1:30 pm – 3:00 pm

MacLaurin D103

- **90 minutes**

Using popular theatre To Engage With Issues of Racism and Diversity

Sandrina De Finney, BA, MA, PhD Candidate

Assistant Professor, School of Child & Youth Care, University of Victoria

Tsigereda Baye, Youth Activist, Recipient of the 2006 BC Anti-Racism Award

This hands-on workshop uses popular theatre techniques to enter into ‘difficult conversations’ about issues related to racism and diversity. The two facilitators (one youth worker, one youth activist) have used popular theatre as a research methodology and as a tool for practice, particularly as part of an award-winning anti-racism youth group called ‘Voices Heard’. The ‘Voices Heard’ workshops draw on expressive drama-based approaches to deconstruct issues related to the inter-personal, historical, systematic and structural dimensions of racism and other forms of discrimination. Participants will be introduced to some popular theatre tools and techniques for engaging young people in critical exploration and analysis of their own experiences with racism, discrimination and diversity. Please be advised that due to tight timelines, the workshop will be fast-paced and will only provide an introductory overview of a range of methods (so please dress comfortably and be ready to start interactive activities right away).

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

1:30 pm – 2:15 pm

MacLaurin D105

Radical Youth work: Love and Community

Hans Skott-Myhre, PhD,

Assistant Professor, Child and Youth Studies, Graduate Program in Popular Culture,
Brock University

Kathleen Skott-Myhre, PhD Candidate

Lecturer, Child and Youth Studies, Brock University

In a world in which fear has become the watchword of our age, how are we to build a field of youth work practice based in relationship and love? This presentation will explore a practice of radical youth work built on a new community that refuses fear. We will propose a practice of radical youth work premised on love as absolute creative force without fear; a practice that values radical difference and puts our differences to work for common political purposes. This is a radically democratic youth work that places youth and adults together in producing a new world.

2:15 pm – 3:00 pm

MacLaurin D105

Total Honesty/Total Heart: Conflict Resolution and Empathy

Marion Little, BA Linguistics, MA Dispute Resolution Candidate

Institute for Dispute Resolution, University of Victoria

Total Honesty/Total Heart is a conflict resolution and empathy development program based on the Nonviolent Communication model. This paper reports on the effectiveness of this program among 'at risk' adolescent girls. It contributed to the growing body of information improving support for young people. The project is significant due to its focus on empathy as integral to peaceful conflict resolution. Frequently cited as essential, empathy development is the focal point of few school-based violence prevention efforts. The preliminary findings of this paper suggest that Total Honesty/Total Heart may be an effective and efficient conflict resolution skills and empathy development strategy.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 2:15 pm

MacLaurin D114

Youth Net /Reseau Ado: Youth Mental Health

Sonia Holland, BA, BA CYC
Focus Group Coordinator, Youth Net/Reseau Ado

Youth Net/Reseau Ado is a bilingual by youth for youth mental health promotion program of the Mental Health Patient Service Unit at the Children's Hospital of Eastern Ontario. YN/RA offers alternative support services for youth. We strive to reduce the stigma surrounding mental health, mental illness through prevention/intervention activities, education, research and advocacy.

2:15 PM – 3:00 pm

MacLaurin D114

**Theoretical Foundations and Healing Practices of Adventure Therapy in
Mental Health and Addictions**

Jordie E. Allen-Newman, MA, RCC, Adolescent and Family Therapist, Child, Youth and Family Health, Vancouver Island Health Authority
Nevin Harper, Research Assistant and Doctoral Student, Outdoor Recreation, Experiential Education, and Youth Development, School of Kinesiology, College of Education and Human Development, University of Minnesota

Adventure therapy is a range of healing modalities developed from experiential ways of knowing. The core theories that underpin the practice of adventure therapy are explored. Essential constructs and therapeutic benefits are explained based on a comprehensive literature review. Relationships between constructs are highlighted-focusing on the context of mental health and addictions practice, specifically engaging with clients or patients in change processes. Critical issues are addressed, including: definitions of practice, ethical concerns and issues of risk exposure.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

3:00pm – 3:30 pm

Coffee Break

**Lobby outside of
David Lam Auditorium**

3:30 pm – 4:30 pm

Keynote Speaker:

David Lam Auditorium

Girls, Identity, and Eating Disorders: Does Media Matter?

Dr. Marie Hoskins, BA (UBC), MEd, PhD (UVic)

Associate Professor, School of Child and Youth Care, University of Victoria

<http://cyc.uvic.ca/people/mhoskins/index.php>

Most research on disordered eating and media claims that there is a rather tenuous correlation between media consumption and problematic perceptions of body image and eating behaviours. A recent study conducted by myself and my research team in a hospital setting, found very different results. By interviewing girls with anorexia and/or bulimia about their perceptions of recovery, conflict, family, and media, we found that they often used media images from movies and television as reference points in order to make themselves understood to the research team. Such images provided us with interesting data for understanding processes of identity construction in light of popular culture.

In this presentation, I will highlight some of the tensions in the field of girls' identity and disordered eating, discuss some of our research findings, and make recommendations for child and youth care practice with adolescent girls and their families.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

Friday, May 26

8:00 am – 8:30 am	Check-in/Registration	Lobby outside of David Lam Auditorium
8:30 am – 9:00 am	Gathering	Lobby outside of David Lam Auditorium

9:00 am – 10:00 am	<u>Keynote Speaker:</u>	David Lam Auditorium
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Are we there yet? Sign posts on the road to community partnerships

Dr. Jessica Ball, BA (UBC), MA, MPH, PhD (UC Berkeley)
Professor, School of Child and Youth Care, University of Victoria
<http://web.uvic.ca/~jball/>

'Partnerships' is a familiar concept in child and youth care practice and a relatively recent buzzword across many fields of research. How do we get from where we are situated, in our various institutions, to engage in partnership with a community? How do we know when we have achieved a partnership? And once we get there, can we ever leave? In this keynote address, Jessica Ball will map this exciting and challenging terrain with reference to a partnership program for post-secondary education in Child and Youth Care and several research partnerships with First Nations communities.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:00 – 10:30 am	Coffee Break	Lobby outside of David Lam Auditorium
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10:30 am – 12:00 pm	Concurrent Presentations	Various Classrooms
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Presentations have been grouped (similar topics where possible) into 2 - 45 minute presentations per classroom with the exception of a few 90 minute presentations.

10:30 am – 12:00 pm	David Strong C108
• 90 minutes	

The Leadership Challenges in 21st Century Human Services

Dr. Michael Gaffley, Ed.D., Director of the M S in Life Span Care Administration (LSCA) and directs the Substance Abuse Track in the Counselling Studies and Criminal Justice Institute of Nova Southeastern University.

Authentic team leadership is an essential component in the child and youth care field, where functional interventions are influenced by the quality of interactions in an evolving therapeutic relationship. Multigenerational service delivery presents new leadership challenges. Leadership in human services will either meet the challenges of the 21st century or constitute an occupational hazard in providing access to opportunities for the clients in care. The field has evolved and has become more humane in connecting with the one we serve. Leadership has to make the concomitant paradigm shift, even more so, those mindset changes that limit possibilities for clients.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

10:30 am – 12:00 pm

David Strong C124

- **90 minutes**

The Magic of Connecting Children and Families

Karen Fabian, M.Ed.,
Calgary Family Services

A workshop for individuals interested in supporting and strengthening family connections. Participants will explore playful approaches to child and youth care and how to turn power struggles in to power plays! Topics include; the development of attachment during early childhood, the amazing human brain and its role in attachment, the behavioural and emotional indicators of attachment related vulnerabilities, the role of shame and guilt in parenting and mending and managing the effects of early childhood disruption. The seminar will provide a forum for the discussion of parent-child play, as it influences childhood brain development and attachment formation. As well, participants will learn a number of playful techniques for avoiding power struggles and strengthening the parent-child relationship. Powerful and fun therapeutic techniques will be explained and demonstrated.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

MacLaurin D101

**Looking Twice: Student Perceptions of Aggression Help to
Interpret Survey Results**

Diana Nicholson, Research Associate,
School of Child and Youth Care, University of Victoria &
Doctoral Student, Centre for Cross-Faculty Inquiry in Education,
University of British Columbia

This presentation describes the results of a research study on aggressive behaviour among students in a middle school. In this session, participants will get the opportunity to see how survey results are complemented by interviews with students and how, without talking to students, a different focus would have shaped interventions in the school. Excerpts from student interviews will be shared in order to highlight how student perceptions about school culture must also be used to inform responses to aggressive behaviour.

11:15 am – 12:00 pm

MacLaurin D101

**There's a violence out there. The Challenges of School Based
Violence Prevention**

Dr. Sibylle Artz, BA, MA, PhD.,
Professor and Director, School of Child & Youth Care, University of Victoria

Experiences with school based aggression and violence are a fact of life for most young people. Current research suggests that gender, victimization, eating disorders, substance abuse, discouragement and widespread experience with relational aggression are significantly correlated with the use of violence. This presentation will offer practical suggestions and successful research based strategies for intervention and prevention. Participants will be encouraged to share their knowledge and experience and assist with the elaboration of positive approaches to violence prevention.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

MacLaurin D103

**Marijuana Use Patterns in Youth: Is There a problem?
What can be done about it?**

Dr. Gordon Barnes, BSc, BA, MA, PhD.,
Professor, School of Child & Youth Care, University of Victoria

Marijuana use is generally considered to be a harmless practice by youth. Current evidence suggests however, that youth are using marijuana at a younger age, that the strength of marijuana being used has gotten much stronger, that the marijuana being used may be contaminated by more dangerous substances, and that there may be some serious consequences from heavy use including: progression to other illicit drug use and development of mental health symptoms. In this presentation the epidemiology and possible consequences of heavy marijuana use will be discussed. Strategies for treating and preventing harmful involvement with marijuana will also be discussed.

11:15 am – 12:00 pm

MacLaurin D103

**Critical Incident Response with Children, Youth and Families:
Lessons from the Front Line**

Jordie E. Allen-Newman, MA, RCC,
Adolescent and Family Therapist, Child, Youth and Family Health,
Vancouver Island Health Authority
Peter Monk, MSW, RSW (clinical),
Mental Health Clinician, Saanich Child and Youth Mental Health,
Ministry of Children and Family Development

Three areas of critical incident response literature are discussed: a) descriptions of various critical incident response protocols, b) the debate regarding the use of critical incident debriefing among primary victims of trauma and c) research measuring the effectiveness of psychological debriefing in reducing post-traumatic symptoms among adults, children, and youth. Two areas currently neglected in the literature are highlighted: first, emerging knowledge from the experience of a group of child and youth mental health clinicians developing a community based critical incident response for children and youth who are primarily and secondarily impacted by traumatic events and second, core themes in the literature are discussed in relation to the context of the team's practice over five years. Finally, a model of community-based service is presented as an emerging critical incident response strategy.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

10:30 am – 11:15 am

MacLaurin D105

Mental Health-Roles for Child and Youth Care Practitioners
- Current Realities and Future Promises

Dr. Roy Ferguson,

School of Child & Youth Care, University of Victoria

Julie Adams, BSc, BSW, MA CYC Candidate

Peter Monk, MSW, RSW (clinical),

Mental Health Clinician, Saanich Child and Youth Mental Health,

Ministry of Children and Family Development

A significant and increasing number of children and youth in BC experience mental health problems that impact on their functioning at home, in school and in the community. Community-based mental health services for children, youth and their families are offered throughout the province by the Ministry of Children and Family Development (MCFD). There currently exists an acute shortage of clinical specialists in mental health who are prepared to work with children and youth. The presentation will examine the Child and Youth Mental Health Core Competencies and Performance Indicators developed by MCFD in the context of core competencies existing within the curriculum of Child and Youth Care (CYC) degree programs in BC. Implications for the educational preparation and clinical functioning of CYC professionals will be explored from the perspective of the practitioners in the mental health field.

11:15 am – 12:00 pm

MacLaurin D105

Motherhood Behind Bars

Ahna Berikoff, ECCE, BA, MA Candidate

The emphasis of this presentation is on how incarcerated mothers experience motherhood in prison. The following are addressed:

- How mothers maintain their sense of self in the role of motherhood
- Children's place in their mother's lives
- The impact of imprisonment of mothers upon the lives of their children.

An examination of Canadian statistical data and publications substantiates and offers a current overview of mothers in prison bringing attention to issues of: gender, poverty, drug addictions and the over-representation of Aboriginal populations in the Canadian prison systems. The presentation includes views and voices of mothers with experiences of imprisonment.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

10:30 am – 11:15 am

MacLaurin D114

Girls Diary Project: Exploring Girls Spirituality

Dr. Daniel Scott, BA, MA, PhD.,

Assistant Professor and Graduate Advisor, School of Child & Youth Care, University of Victoria

Petra Sinats,

Madelaine Hittos

Shannon McFerran, BA, MFA

Mother, Teacher, Writer

The Girl's Diary Project is an on-going research project studying the spiritual lives of girls based on their adolescent diaries and other writing. Although initially participatory the study has expanded to include both published and original diary material from writers other than the researchers. Our session will present the themes and current insights based on the adolescent writing we have in hand.

11:15 am – 12:00 pm

MacLaurin D114

Stages on the Spiritual Journey

Daniel C. Brock, MA Pastoral Ministry,

Coordinator of Religious Education, St. Andrew's Regional Catholic High School

Are there stages of spirituality corresponding to cognitive, emotional and physical developmental stages in life? Can spirituality be mapped? What are the common spiritual growth patterns found in all world religions or those on an individual spirit quest. Using the research of James Fowler, John Westernhoff and others, this presentation will relate stories from child, youth and adult experiences for a better understanding of spiritual passages.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

12:00 pm – 1:30 pm LUNCH

1:30 am – 3:00 pm Concurrent Presentations Various Classrooms

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1:30 pm – 3:00 pm

David Strong C108

- **90 minutes**

Youth Suicide Prevention in Real World Contexts: A Child and Youth Care Perspective

Dr. Jennifer White, BA, MA, Ed.D.,

Assistant Professor, School of Child & Youth Care, University of Victoria

Johnny Morris, BA CYC Candidate

NEED Crisis & Information Line Volunteer Youth Suicide Prevention Educator

Kristy Dellebuur-O'Connor, BA, MA,

Trainer, NEED Crisis & Information Line & Sessional Instructor, School of Child and Youth Care, University of Victoria

Tracey Thompson, MA,

Mental Health Clinician, Vancouver Island Health Authority

This panel has been assembled to discuss and examine a range of youth suicide prevention practices within a broad, overarching CYC framework. Each of the four panelists has had extensive experience practicing in the field of youth suicide prevention. Their unique contributions illuminate the richness and complexity of this important field of practice. Specific topics to be addressed include: conceptualizing the work of youth suicide prevention, mobilizing a campus-wide mental health promotion and suicide prevention strategy, educating peer gatekeepers and evaluating a youth crisis line. The unique strengths of a CYC perspective in addressing this complex, multi-dimensional problem will be highlighted.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 3:00 pm

David Strong C124

- **90 minutes**

War as a Preventable Disease

Dr. Mary-Wynne Ashford, PhD

Adjunct Associate Professor, School of Child & Youth Care, University of Victoria

Analyzing war using the medical paradigm of Epidemiology, Etiology, Diagnosis, Treatment, Prevention and Rehabilitation may help third parties to plan effective interventions. Regarding war as a disease assumes that the prevention and mitigation of armed conflict requires an understanding of the multiple causes of a given war, including the immediate trigger of armed conflict and the deeper social and geopolitical factors that escalated to violence. This form of analysis may clarify the need for specific interventions at various levels in conflict from those who respond to the immediate medical and humanitarian crisis to those who advocate foreign policy changes to governments.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 3:00 pm

MacLaurin D101

- **90 minutes**

Building Resilience in Middle School Students

Wendy Kidd,
Middle School Teacher

We are currently in an age where we are seeing a tremendous increase in the use of both prescriptive and non prescriptive drugs. As professionals we ask ourselves a couple of questions.....

- 1) Why has this increase occurred?
- 2) How can we protect our youth from such an availability of drugs? But in asking these questions we must also wonder what is lacking in individuals to spur such an increase in both drug use and dependency. How can we help our youth develop their resiliency skills so that they can learn to deal with life's traumas in a much healthier manner?

By using Reader's Theatre and Fiction books we can impart knowledge instrumental to the building and development of these essential skills of resiliency.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

1: 30 pm – 2:15 pm

MacLaurin D103

**Responding to Child Victims of Human Trafficking: BC's Migrant
Services Program**

Ms. Robin Pike, MA,
Director, Migrant Services Program,
Ministry of Children and Family Development

Global trafficking in humans is now the 3rd largest source of income for organized crime (following drugs and gun smuggling), and a phenomenon that Canada is not immune to. In 1999, BC's Ministry of Children and Family Development was confronted with creating an urgent response to human trafficking with the arrival on its coast of 134 unaccompanied minor children in 4 dilapidated boats from China. The Migrant Services Program was developed at that time to provide a wide range of services, including guardianship, housing and assistance with claims for refugee status in Canada. Over the ensuing years, the Program has provided care and protection to over 300 unaccompanied children and youth from approximately 35 countries. This presentation will provide an in-depth discussion of this unique service.

2:15 pm – 3:00pm

MacLaurin D103

**Youth Employment Program (at Gastown Voc. Services)
and Vocational Rehabilitation**

Polly E.K. Cooke, BA,
Youth Job Developer, YEP Gastown Vocational Services

Presentation on the vocational rehabilitation services being provided by the Youth Employment Program at Gastown Vocational Services to youth 16-21 with a mental illness/diagnosis. Description of services and methods of providing Best Practices. Includes stats on program outcomes and recent group pilot project. Explores the benefits of prevention and intervention through vocational rehabilitation. The presentation will also include a description of a peer support worker and peer support throughout the program. Also what works and does not work with vocational rehabilitation and youth clientele.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 2:15 pm

MacLaurin D105

Multidisciplinary Child Death Reviews
- Challenges and Opportunities

MaryLynne Rimer, BA CYC, MA HSD Multidisciplinary Policy and Practice,
Managing Director, Wave Consulting Ltd.

Dr. Jason Walker, MSW, PhD, RSW,

Adjunct Assistant Professor, School of Child & Youth Care, University of Victoria

Dr. Richard Stanwick, MD, MSC, FRCPC, FAAP

Chief Medical Health Officer, Vancouver Island Health Authority

Renate Nahser-Ringer, RN, BScn

Media person

The purpose of the panel discussion would be to provide an opportunity for participants to hear from a former Deputy Children's Commissioner, a child health protection specialist with experience in the Coroner's service, a health researcher who has co-authored articles based on child death data and a member of the media who has written extensively about child deaths in BC. The outcome would be a better understanding of the complexities, challenges and opportunities of systematic child death reviews.

2:15 pm - 3:00 pm

MacLaurin D105

Child Death Inquiries

Sobhana Daniel, PhD CYC Candidate

Policy Analyst, Ministry for Children and Family Development

The impact of child death inquiries is profound. This impact has implications for child welfare policy and practice. Findings from recent international research suggests there are concerns about child death inquiries and their contribution to child serving systems. This presentation provides an international perspective with Canadian examples and makes linkages between the theoretical and practical aspects of child death inquiries.

Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES

1:30 pm – 3:00 pm

MacLaurin D114

- **90 minutes**

Just Ask Us: Conversations with First Nations Teen Moms

**Sylvia Olsen,
Diane Harris**

First Nations front-line health workers on Southern Vancouver Island estimate that 70% of First Nations families are started by teenagers. In 2003, Sylvia Olsen conducted a community participation research project with teen moms from Saanich First Nations resulting in the publication of *Just Ask Us: A Conversation with First Nations Teen Moms*. Sylvia and Diane Harris, a First Nations health worker, will talk about the research project, the community aspect of teenage parents and other work that is being done in First Nations with teen moms.

**Child & Youth Care in Action
DETAILED SCHEDULE AND PRESENTATION SUMMARIES**

**3:00 pm – 3:30 pm Coffee Break Lobby outside of
David Lam Auditorium**

3:30 pm – 4:30 pm Keynote Speaker: David Lam Auditorium
The Jerry Beker Lecture

Unfinished Business: Chasing the Dream of Child and Youth Care Work

Dr. Jim Anglin, BA (Car.), MSW (Brit. Col.), PhD (Leicester)
Professor, School of Child and Youth Care, University of Victoria
<http://cyc.uvic.ca/people/anglin/index.php>

More than any other single individual over the last 35 years, Jerry Beker has epitomized what is best about child and youth care work. His life and legacy provide a window onto our field and offer a basis for examining the unfinished business and continuing dreams of professional child and youth care. Let us join Jerry aboard the CYC time machine and explore some of the powerful ideas and methods that have been forged in the crucible of practice, and that provide us with key tools as we continue to craft our work in service of the children's best interests.

Jerome Beker

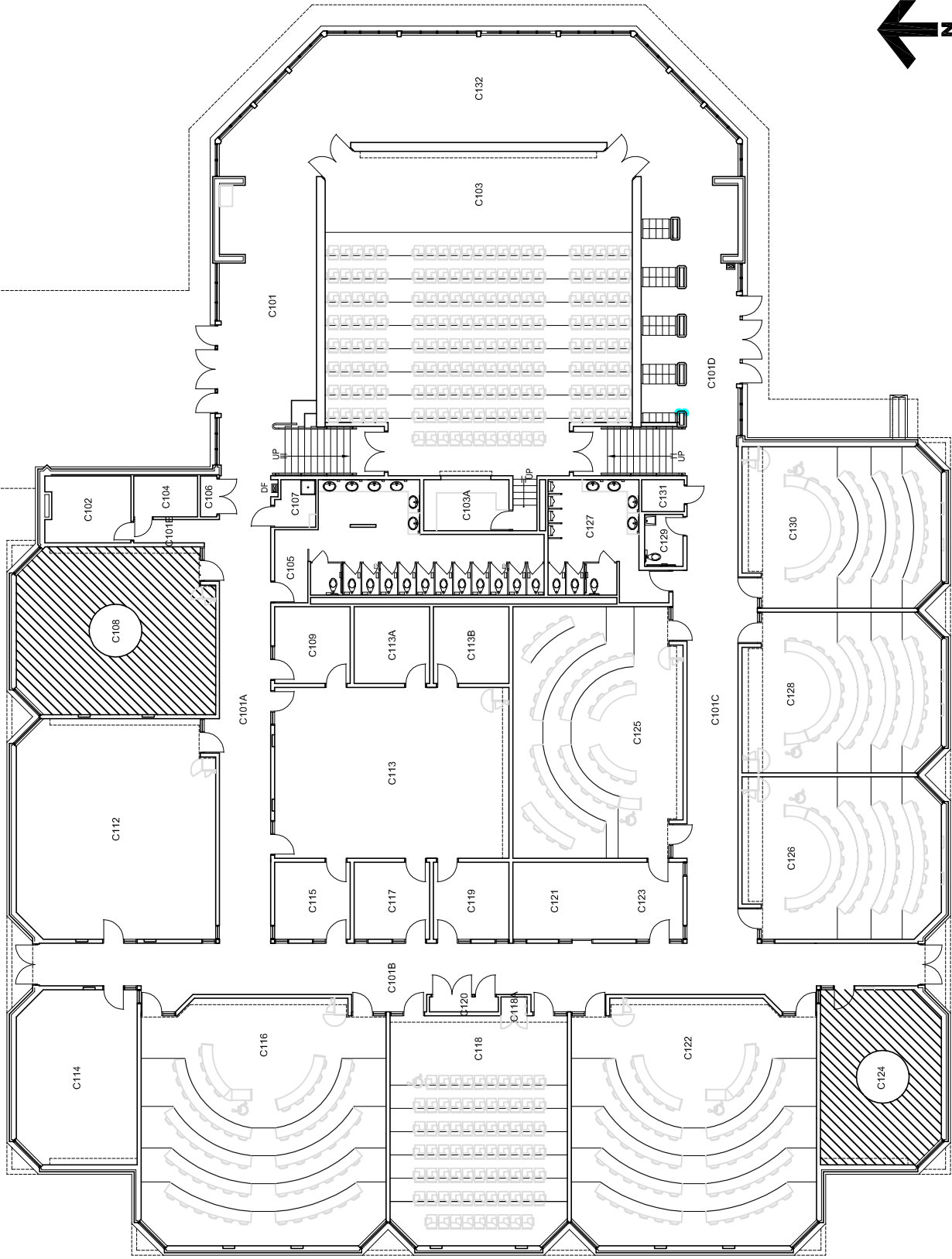
Founder and Editor of Child Care Quarterly (later Child and Youth Care Forum) in 1971. Dr. Jerry Beker is recognized for his mentorship of emerging professionals and academics and his nurturing of collaborative associations. He is acknowledged for shaping the emerging profession of child and youth care work.

Currently a retired Professor at University of Minnesota, his scholarly interests include: youth group care programs; preparation/professionalization of youthworkers, youth organizations; advancing academic/professional publications related to child and youth care, youthwork and allied areas. Some of his publications for which he is widely known are: "Critical Incidents in Institutional Child Care" (1970); "Helping the Youthful Offender: Individual & Group Therapies That Work" (1989); "Knowledge Utilization in Residential Child and Youth Care Practice" (1991); and "Residential Education As an Option for At-Risk Youth" (1996).

**5:00 pm – 8:00 pm Closing Reception Halpern Centre for
Graduate Studies**

- **BBQ & Cash Bar**
- **Esquimalt High School Jazz Combo**

DAVID STRONG BUILDING



MACLAURIN D-WING

